



Healthy Climate & Environment Action Guide

Tick, highlight, colour in or circle your target actions, then put me on the fridge for a reminder!

What you can do

1 Political & Social Pressure

*Collective pressure on policy makers is **the single biggest way** to have an impact on climate change and other environmental issues.*

- Join a group (collective action)
- Make your Pollies work for you
- Attend rallies
Sign petitions
Vote future
- Talk about it

2 Personal Action

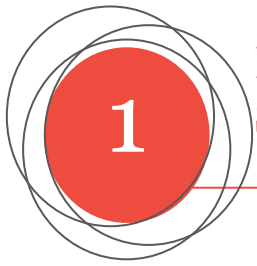
	Transport	Banking & Superannuation	At Home
+ Increase			
- Decrease			



TASMANIAN CLIMATE COLLECTIVE | Connecting groups and individuals to encourage, promote and initiate climate action across lutruwita/ Tasmania through cooperation, influence and knowledge sharing.

www.tasclimatecollective.org

How you can do it



Political & Social Pressure

Collective pressure on policy makers is **the single biggest way** to have an impact on climate change and other environmental issues.

Join a group

Joining a climate group means you're not going it alone.



Make your Pollies work for you

Call, write or meet with your local reps



Attend rallies Sign petitions Vote future

8 in 10 Australians are concerned about climate change & in 2019 a million of us were involved in climate actions!

Talk about it

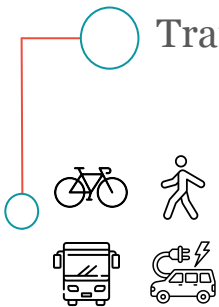
Start a conversation with family, friends and in the workplace.



Personal Action

[+ The things to increase...]

Transport



Swapping the car for walking, cycling or e-biking even just once a week makes a big impact on carbon emissions in an urban setting.

+ One less flight

Banking & Super



Your money as a force for good.

Shift investment away from fossil fuels.



At Home



7 R's: Rethink, Refuse, Reduce, Repurpose, Reuse, Recycle & Rot.



More vegetables, fruits, nuts and legumes; better for people and planet. Consider growing your own (lookup *Dr Rosemary Stanton* for more info).



Buying less helps your pocket and the planet. But when you do buy, buy sustainably.



Help your bills and the climate.



Show nature some ❤️ by planting a wildlife garden (even a pot on a balcony counts!)